

# RICHMOND COMMUNITY SCHOOLS MIDDLE AND HIGH SCHOOL BREAKFAST MENU 2023-2024

# **DAILY OFFERINGS**

Oatmeal Bowl Scrambled Egg Dish Tornado - Egg and Cheese Assorted WG Breakfast Breads WG Apple Fruit Frudel Breakfast Burrito Breakfast Pizza

WG Bagel w/ Cream Cheese
WG Cinnamon Roll
Assorted WG Cereal
Assorted Cereal Bars
WG Donuts
Assorted WG Muffin
Assorted WG Pop Tarts
Yogurt Parfait

Students will be offered a minimum of 3 of these choices per day with 1 being a hot entrée along with Milk, Fresh Fruit and 100% Juice.

Whole Grain (WG) cereals will include (reduced sugar varieties): Cinnamon Toast Crunch, Golden Grahams, Lucky

Charms, Honey Nut Cheerios, Trix, Cocoa Puffs

WG Donuts will include: WG Yeast Rings, Mini Chocolate Donuts, and Mini Powdered Donuts

WG Pop Tarts will include: Cinnamon, Fudge, Strawberry

Fresh Fruit will include: apples, oranges, bananas, pears, grapes, watermelon, cantaloupe, pineapple

100% fruit juice will include: Apple, Grape, Orange, Fruit Punch

Choice of milk: Fat Free or 1% unflavored, Fat Free Chocolate or Strawberry flavored.

A reimbursable breakfast meal includes choice of entrée, choice of fresh fruit and juice and choice of milk.

\* A 1/2 Cup serving of fruit or vegetable is required with every reimbursable meal

\*Menu subject to change without notice.\*

## OTHER IMPORTANT INFORMATION:

#### MEAL MAGIC

Richmond Community Schools uses a computerized cash register/point of sale system called "Meal Magic" that allows us to confidently monitor student accounts, meal benefits, food allergies and food restrictions. High School and Middle School students will use their ID card or enter their student ID number on a key pad to make purchases of meals and a la carte items. Elementary students either use an Id card or are identified by name. Students should have their ID and money ready when they reach the cashier.

#### **PAYMENTS**

Recommended form of payment for meals is by check or online using a debit/credit card, but cash is also accepted. If sending a payment to the school, please put it in a sealed envelope with the student's name, grade and the amount of the deposit on the front of the envelope. Deposits can be accepted for a family if the individual student names and schools are listed. No change will be given from a deposit. Our point of sale system supports a history of deposits and sales for each student and allows parents to set limits on sales.

## PAYMENTS/MEAL TRANSACTION REPORT

Deposits may be made online at <a href="https://eps.mvpbanking.com/cgi-bin/efs/login.pl?access=55665">https://eps.mvpbanking.com/cgi-bin/efs/login.pl?access=55665</a> or at <a href="https://eps.mvpbanking.com/cgi-bin/efs/login.pl?access=55665">www.SendMoneyToSchool.com</a>. Both sites allow you to deposit money in your student's account and to view account balances and meal purchases within 24 hours. There is a transaction fee to deposit money, but it is free to view or set limits for your child's account. In order to access accounts, you will need to set up a free account and obtain your student's ID number. Please call your school office or the Food Service Department at (586) 727-2662 to obtain the ID number. Deposits may take up to 15 minutes to be posted to a child's account. If you would like to restrict the amount of money your child spends on a daily basis or if you would like to restrict their snacks, you may do this from either website or by contacting the Food Service Office.

# **CHARGING POLICY**

Please see the student handbook for the district charging policy. Deposits can be made to the student's account at any time to provide your student with a full lunch when they forget their lunch money or lunch from home.

## FREE/REDUCED APPLICATIONS

You can apply online for free or reduced-price meal benefits at www.LunchApp.com. This is the fastest and most secure way to apply for benefits. Paper applications are available in every school office during the school day and in the cafeteria during times that meals are served. Paper applications may take up to 10 days to process. Applications are accepted at anytime throughout the school year.

### PREVIOUS 2022/2023 SCHOOL YEAR BENEFITS

Students who were eligible for free or reduced price meals at the end of the 22/23 school year at Richmond Community Schools will automatically be eligible for meals at the beginning of the 23/24 school year until October 16, 2023. After that date, a new application must be processed and approved by the Food Service Office for students to be eligible for benefits. It may take up to 10 days to process an application before benefits become available. Families are responsible for paying for meals until an approved application is on file with the Food Service Office. Please submit new applications early to avoid a lapse of benefits. Parents and/or guardians will be notified by US mail as to the student's eligibility.